



February 2018

Dear

Cambridgeshire Netball Academy Screening Trials 2018 for 2018/19 Season

Congratulations! You have been nominated by your club/school to attend one of the forthcoming Academy Screening Trials as detailed below:

Please read the accompanying letter from your teacher or club coach which will explain which venue to attend.

SUNDAY 13 MAY 2018 at Thomas Deacon Academy, Queens Gardens, Peterborough, PE1 2UH

www.thomasdeaconacademy.com

Years 7 & 8

8.45am Arrive and register

9am Head Selector to speak to nominees

9.10am Warm up

9.30am Coaching session

10.30am Break

10.45 – 11.45am Match play

11.45am Cool down

11.55am Nominees depart

Years 9 & 10

12.30pm Arrive and register

12.45pm Head Selector to speak to nominees

12.55pm Warm up

1.15pm Coaching session

2.15pm Break

2.30 – 3.30pm Match play

3.30 – 3.40pm Cool down

3.40pm Nominees depart

- Cost: £8 (to be paid on the day)
- Kit: Please wear a white t-shirt, dark shorts/skirt (arrive in warm clothing) and bring a water bottle.
- Car Parking: Visitor's car park on the right-hand side as you enter
- Refreshments: Please bring your own
- First Aider: A qualified first aider will be present for the entire screening session.
- On arrival, please register in the exam hall, collect a number allocated to you and pay £8.00. Please come prepared to play numerous short matches and take part in an hour-long coaching session.

SUNDAY 20 MAY 2018 at Impington Village College Sports Centre, New Road, Cambridge, CB24 9LX
<http://www.impington.cambs.sch.uk/impingtonsportscentre>

Time: Years 7 & 8

8.45am Arrive and register
 9am Head Selector to speak to nominees
 9.10am Warm up
 9.30am Coaching session
 10.30am Break
 10.45 – 11.45am Match play
 11.45am Cool down
 11.55am Nominees depart

Years 9 & 10

12.30pm Arrive and register
 12.45pm Head Selector to speak to nominees
 12.55pm Warm up
 1.15pm Coaching session
 2.15pm Break
 2.30 – 3.30pm Match play
 3.30 – 3.40pm Cool down
 3.40pm Nominees depart

- Cost: £8 (to be paid on the day)
- Kit: Please wear a white t-shirt, dark shorts/skirt (arrive in warm clothing) and bring a water bottle.
- Car Parking: Please use the car park accessed via the main entrance to Impington Village College and **not** at the Sports Centre as there is insufficient space

for users of the sports centre facilities.

- Refreshments: There is a coffee shop near Reception and a vending machine.
- First Aider: A qualified first aider will be present for the entire screening session.
- Please come prepared to play numerous short matches and take part in an hour-long coaching session.

What happens next?

At the trials we are looking to select players to attend a further session of coaching and match play at Impington Sports Centre on **Sunday 3 June 2018**. If you are successful at the screening day trial on either 13 or 20 May YOU MUST BE ABLE TO ATTEND THIS SESSION TO BE SELECTED ON THE PERFORMANCE PATHWAY FOR 2018/19. REGRETFULLY, THERE WILL BE NO FURTHER OPPORTUNITIES TO TRIAL.

PLEASE BE AWARE THAT THE DECISIONS OF THE SELECTION PANEL ARE FINAL AND SHOULD NOT BE CHALLENGED.

For important details about the County / Satellite Netball Academy programme in Cambridgeshire, please read the information below on pages 4 and 5.

If, after the reading the attached information, you would like your daughter to attend the screening session, please complete the attached parent consent/medical form and send a scanned copy to nominations@cambscna.org, no later than **THURSDAY 29 MARCH 2018**. Upon receipt of your form by email you will receive an automatic email response confirming your daughter's place for the screening day. There will be no further communication from the admin team until your daughter attends the first-stage trials. The information you are receiving will also be available to refer to at www.cambscna.org/performance.

Yours sincerely,

Juliet Francis

Juliet Francis
Performance Lead
Cambridgeshire County Netball Association

INFORMATION ABOUT THE ACADEMY PROGRAMME AND SELECTION PROCESS

The Academies run by Cambridgeshire County Netball Association are the first step on England Netball's performance pathway. They provide talented athletes with training in both netball and strength and conditioning to improve their performance and reach their potential. It is designed to complement the coaching and competition that athletes receive in Schools and Clubs, not replace it.

Selection in 2018 will be undertaken by a panel of up to six experienced Level two and three coaches who currently practise in different clubs and schools from across the County area. Their role is to assess competencies relating to game sense and netball skills, which players are expected to demonstrate on the screening day to be selected. Decisions on player selection are made by agreement of the Panel, and are not made by an individual selector. If players are unsuccessful on this occasion, they are encouraged to keep up their school and/or club training and try again next year. The Pathway is fluid and allows for entry at any age and any level.

If selected, athletes are expected to either join or continue to train with a junior netball club and attend Academy sessions appropriate to their age and stage of performance training.

As a guide, the existing Academies in Cambridgeshire are as follows: -

- **Satellite Academy North, Stanground Academy, Peterborough, alternate Thursdays, 6.30pm – 8.30pm (Years 8 & 9)**
- **Satellite Academy South, Comberton Village College, South Cambs, alternate Mondays 5 – 7pm (Years 8 & 9)**
- **County Academy, Comberton Village College, South Cambs, alternate Monday / Tuesdays 5 – 7pm (Years 10 & 11)**

Please note that exact details of the training times for the 2018 season are yet to be confirmed.

The age bands are not set in stone and it is possible for older athletes to be selected for a Satellite Academy if they are new to the Pathway and younger athletes to be selected for County if they are at the appropriate stage of physical development and training.

Frequency – there are 15 Satellite Academy sessions and 30 County Academy sessions in the year starting in September and finishing in May during term time only.

Team Play – there are occasional match play and tournament opportunities for Academy athletes and an annual tournament for Satellite and County Athletes. These are opportunities for coaches to assess the progress of athletes and determine whether they are ready for the next step in the Pathway.

Cost – the approximate cost of attending the Satellite Academy is £100 per year per athlete and £200 per year for County athletes. We also enrol athletes in a season-long strength and conditioning programme which is led by Ultimate Sports Therapy and Performance Limited at a cost of £50 per athlete. An optional training top and hoody is also available to purchase via an on-line shop. A Hardship Scheme is available for parents / carers to assist if the cost of participating prevents athletes from attending.

If your child would find it difficult to commit to attending Academy training sessions during the 2018/19 season, please let the person who has nominated you know as they may wish to nominate an alternative person.